

GRACE PLACE PRESCHOOL MONTHLY MENU

MEAL		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	AM Snack	HOLIDAY	Sausage Biscuit, Milk	Grits, ½ Banana, Milk	Cereal and Milk	Cheese Toast, Strawberries, Milk
	Lunch	HOLIDAY	Soft Taco, Corn, Applesauce, Milk, or Juice	Chicken Salad on Mini Croissants, Chips, Pears, Milk, or Juice	Soy Butter & Jelly Sandwich, Green Beans, Watermelon, Milk or Juice	Cheeseburger, French Fries, Peaches, Milk, or Juice
	PM Snack	HOLIDAY	Cheese & Crackers, Water	Cucumber w/Ranch, Water	Pineapple, Water	Pita Bread Wedges w/Hummus, Water
	PM Snack	HOLIDAY	Pretzels, Water	Goldfish, Water	Animal Crackers, Water	Cheese-it's, Water
Week 2	AM Snack	Yogurt, Peaches, Milk	Cream of Wheat, Apple slices, Milk	French Toast, Mixed Berries, Milk	½ Boiled Egg, Toast, Milk	Waffle, Mixed Fruit, Milk
	Lunch	Grilled Cheese, Peas n Carrots, Pears, Milk, or Juice	Hot Dog, Baked Beans, Fruit Cocktail, Milk or Juice	Pasta Salad, Broccoli, Jell-o, Milk, or Juice	Chicken Sandwich, Tater Tots, Halo Oranges, Milk or Juice	Cheese Pizza, Salad, Vanilla Pudding, Milk or Juice
	PM Snack	Carrot Sticks w/Ranch, Water	Cheese & Crackers, Water	Cucumber w/Ranch, Water	Pineapple, Water	Pita Bread Wedges w/Hummus, Water
	PM Snack	Graham Crackers, Water	Pretzels, Water	Goldfish, Water	Animal Crackers, Water	Cheese-it's, Water
Week 3	AM Snack	Muffin, Milk	Oatmeal, Peaches, Milk	Sausage, Mini Pancake, Milk	Cheese Grits, ½ Banana, Milk	Cereal and Milk
	Lunch	Fish Sticks, Mashed Potatoes, Melon, Milk, or Juice	Cheese Quesadillas, Refried Beans, Pears, Milk or Juice	Mini Corn Dog, Mac n Cheese, Applesauce, Milk or Juice	Ham & Cheese Sandwich, Broccoli, Watermelon, Milk or Juice	Spaghetti, Peas, Peaches, Milk, or Juice
	PM Snack	Carrot Sticks w/Ranch, Water	Cheese & Crackers, Water	Cucumber w/Ranch, Water	Pineapple, Water	Pita Bread Wedges w/Hummus, Water
	PM Snack	Graham Crackers, Water	Pretzels, Water	Goldfish, Water	Animal Crackers, Water	Cheese-it's, Water
Week 4	AM Snack	Waffle, Mixed Fruit, Milk	½ Boiled Egg, Toast, Milk	Yogurt, Peaches, Milk	Cream of Wheat, Apple slices, Milk	French Toast, Strawberries, Milk
	Lunch	Chicken Nugget, Mixed Veggies, Melon, Milk, or Juice	Steak Fingers, Green Beans, Roll, Milk, or Juice	Pork Sandwich, Corn, Mixed Fruit, Milk or Juice	Pizza Bites, Salad w/Ranch, Halo Oranges, Milk or Juice	Chicken Alfredo, Broccoli, Jell-o, Milk, or Juice
	PM Snack	Carrot Sticks w/Ranch, Water	Cheese & Crackers, Water	Cucumber w/Ranch, Water	Pineapple, Water	Pita Bread w/Hummus, Water
	PM Snack	Graham Crackers, Water	Pretzels, Water	Goldfish, Water	Animal Crackers, Water	Cheese-it's, Water