

JAN 2012

Grace Baptist Christian School - High School

'Build-A-Meal'
This year you can choose your Entrée AND choose your Sides.

Additional Wraps, Salads, and Daily Grill options will be offered daily.

mon	tue	wed	thu	fri
2 <u>No School</u>	3 <u>No School</u>	4 <u>Mandarin Chicken Bowl*</u> with Rice, Veggies & a Fortune Cookie Chicken Bites \$ \$ Veggie Wrap \$ \$ Taco Salad \$	5 Sabrett™ All Beef Hot Dog \$ \$ served with French Fries Chicken Tenders \$ \$ Veggie Wrap \$ \$ Taco Salad \$	6 Veggie Wrap \$ \$ Cheese Pizza \$ \$ Pepperoni Pizza \$ \$ Chicken Sandwich \$ \$ Veggie Wrap \$ \$ Taco Salad \$
9 Veggie Wrap \$ \$ Three Cheese Baked Ziti \$ \$ served with Dessert Chicken Sandwich \$ \$ Turkey Mozzarella Wrap \$ \$ Cucumber Orange Salad \$	10 <u>Breakfast For Lunch*</u> Omelette, French Toast & Sausage Veggie Wrap \$ \$ Personal Pan Pizza \$ \$ Turkey Mozzarella Wrap \$ \$ Cucumber Orange Salad \$	11 <u>Sweet Asian Chicken Bowl*</u> with Rice, Veggies & a Fortune Cookie Chicken Bites \$ \$ Turkey Mozzarella Wrap \$ \$ Cucumber Orange Salad \$	12 Oven Roasted Chicken Wings \$ \$ served with French Fries Chicken Tenders \$ \$ Turkey Mozzarella Wrap \$ \$ Cucumber Orange Salad \$	13 Veggie Wrap \$ \$ Cheese Pizza \$ \$ Pepperoni Pizza \$ \$ Chicken Sandwich \$ \$ Turkey Mozzarella Wrap \$ \$ Cucumber Orange Salad \$
16 <u>MLK Day</u> <u>No School</u>	17 Penne Pasta with Meatballs \$ \$ with a Garlic Bread Stick Veggie Wrap \$ \$ Personal Pan Pizza \$ \$ Chicken Ranch Wrap \$ \$ Cobb Salad \$	18 <u>Homestyle Chicken Bowl*</u> with Mashed Potatoes & Corn Chicken Bites \$ \$ Chicken Ranch Wrap \$ \$ Cobb Salad \$	19 CornDog Pups \$ \$ with Mac & Cheese Chicken Tenders \$ \$ Chicken Ranch Wrap \$ \$ Cobb Salad \$	20 Veggie Wrap \$ \$ Cheese Pizza \$ \$ Pepperoni Pizza \$ \$ Chicken Sandwich \$ \$ Chicken Ranch Wrap \$ \$ Cobb Salad \$
23 Veggie Wrap \$ \$ Monster Mac & Cheese \$ \$ served with Dessert Chicken Sandwich \$ \$ Santé Fe Wrap \$ \$ Chicken Caesar Salad \$	24 <u>Loaded Beef Nachos*</u> served with a Churro Veggie Wrap \$ \$ Personal Pan Pizza \$ \$ Santé Fe Wrap \$ \$ Chicken Caesar Salad \$	25 Chicken Alfredo \$ \$ with a Garlic Bread Stick Chicken Bites \$ \$ Santé Fe Wrap \$ \$ Chicken Caesar Salad \$	26 Philly Cheesesteak \$ \$ served with French Fries Chicken Tenders \$ \$ Santé Fe Wrap \$ \$ Chicken Caesar Salad \$	27 Veggie Wrap \$ \$ Cheese Pizza \$ \$ Pepperoni Pizza \$ \$ Chicken Sandwich \$ \$ Santé Fe Wrap \$ \$ Chicken Caesar Salad \$
30 Cheese Toast \$ \$ with Chicken Noodle Soup Chicken Sandwich \$ \$ Veggie Wrap \$ \$ Taco Salad \$	31 Spaghetti and Meatsauce \$ \$ with a Garlic Bread Stick Veggie Wrap \$ \$ Personal Pan Pizza \$ \$ Veggie Wrap \$ \$ Taco Salad \$	SLA Management is sensitive to the needs of all students with allergies; however we cannot be absolutely certain that all food products are free from potential allergens, notably peanut or peanut related products. If a student has a severe allergy we strongly advise you to consider other lunch options.		



MeatlessMonday is an international campaign that encourages people to not eat meat on Mondays to improve their health and the health of the planet.

SIDES!

Fruit Sunchips Gogurt
Veggies & Dip Side Salad



Vegetarian Selection



*Signature Meals Do Not Include Additional Side Selections

Limited Sides Available on Pizza Day.